

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD
MEETING MINUTES
NOVEMBER 18, 2003

Members Present: Linda Brown, Joan Clement, Nancy Code, Roger Goodman, Jim Harbaugh, Larry Hill, Kim Murillo, Bob Seidensticker, Yasmin Smith

Members Absent: Pam Detrick (unexcused), Scott Strawn (unexcused)

Staff Present: Rhoda Naguit, Jim Vollendroff

Guests Present: Harvey Funai, Deb Schnellman, Division of Alcohol and Substance Abuse; Gwen Greiner, board applicant; Robin Hopkins, Citizens' Advisory Council; Mary Alice Kuebles, board applicant; Ken Nicholas, CPC-Bridgeway Recovery Program; Julieth Sauvage, Kent Youth & Family Services; Kay Seim, Perinatal Treatment Services

Board Chair Linda Brown convened the King County Alcoholism and Substance Abuse Administrative Board at 12:08 p.m. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. WELCOME AND INTRODUCTION

Board Chair Brown welcomed everyone present and recognized Robin Hopkins, a member of DASA Citizens' Advisory Council. Robin Hopkins said that Ken Stark, DASA Director, asked him to represent CAC in the board since he lives in the area. He is also interested to learn how KCASAAB operates.

II. REVIEW AND APPROVAL OF MINUTES

Nancy Code made a motion, which was seconded by Jim Harbaugh to approve the October 21, 2003 meeting minutes. The motion was unanimously approved.

III. AGENCY PRESENTATION

A. Perinatal Treatment Services

Kay Seim, Director of Perinatal Treatment Services, introduced herself to the board and gave a brief history of the agency and the services it provides. The agency has a community board with 9 members. About a year and a half ago, PTS moved from their original downtown Seattle site on Jefferson to Bitter Lake in the north end.

Successes

- Historically and currently, the agency serves women and children. The focus is on children with drug problems due to mothers using drugs.

- The agency's goal is to reunite mothers and children as women become drug free and able to provide stable, safe environments for their children. Clients come with multiple problems including relationship, financial, physical abuse, etc. Parenting classes are one strategy the agency uses to help women in the program.

Challenges

- **Stable funding:** The agency, like most other service providers, needs stable funding to be able to serve their target population. The agency was recently selected by DASA as one of the 5 agencies to be included in a bed-rate study that is being done for DASA by a Denver-based group.
- **Accessibility issue:** Since PTS moved to the new site, it has been more difficult for their clients to access the program due to transportation problems.
- **Housing Need:** Securing transitional housing for women who have completed the program due to lack of Section 8 housing in the north end.

How the Agency Addresses the Challenges

- Creating linkages with other agencies, including outpatient treatment agencies.
- Developing a transportation system to address the accessibility issue. PTS was among the 10 agencies awarded a Robert Johnson grant, which will provide funding for increased access to services and ADATSA assessment for 18 months.

Completion Rate

The residential completion rate is 60%. This percentage is expected to increase with program changes that will be implemented with the Robert Johnson grant funding.

When asked about the diversity of the program, Ms. Seim reported that about 31% of their clients are non-Caucasians, and their staff, particularly the CD Counselors, are 50% Caucasian and 50% from other races. Fathers may be involved in this program if the father is not abusing drugs or alcohol. Sadly, only a few fathers are qualified to participate.

B. Kent Youth & Family Services

Julieth Sauvage told of the humble beginning of KYFS in 1975, and emphasized the importance of engagement with kids as the basic foundation on which it has grown and achieved success.

KYFS currently serves 300 kids a year, or 70 kids weekly through a variety of programs. The agency developed "Back on Track", a 16-weeklong prevention program, that includes a long-term evaluation.

The agency has a sizeable outpatient program. They involve families in treatment whenever possible, and provide case management services to the kids who are in detention.

Challenges

- Youth Service Capacity: There are not enough inpatient and outpatient services for youth.
- Service Demand/Wait List: The agency is now scheduling for January 2004 which means a very long wait for services.

Julieth stated that she and her staff find working with kids exciting and challenging. Her staff is composed of 8 Chemical Dependency Professionals.

In response to a question about referral sources, Ms. Sauvage responded that referrals come from schools, diversion programs, Juvenile Drug Court and probation officers.

IV. CHAIR'S REPORT

A. Update from Last Month's Meeting Items

Linda reported that she and Jim attended the unveiling of the Mural sponsored by the Alcohol and Other Drugs Prevention Division. The occasion was attended by community and family members as well as Seattle-King County Health Department staff members and Ron Sims, County Executive.

B. Legislative Forum

Pat Knox, CEO of Recovery Centers of King County and one of her staff members will do the Chemical Dependency presentation at the Legislative Forum tonight.

Linda also mentioned that Howard Miller, chairman of the Mental Health Advisory Board, underwent a heart surgery last week and wished his fast recovery.

C. Board Planning Retreat

The board planning retreat will be held on Wednesday, December 3, 2003 from 4:30pm to 8:00pm. Agenda items include Title XIX presentation from DASA staff; the 25 Cities Initiatives report from Bob Seidensticker, Patrick Vanzo and Steve Freng, and discussion on board recruitment efforts.

D. Vote on Gwen Greiner's Board Appointment

Jim Harbaugh moved, and was seconded by Joan Clement, to forward the board appointment of Gwen Greiner to the King County Executive. The motion was unanimously approved.

V. LIAISON REPORTS

Joan Clement: Chronic Public Advisory Council (check this out)

Nancy Whitney from University of Washington made a presentation on fetal syndrome and a program she directs for women at risk for FAS. Joan recommended inviting Nancy to do a similar presentation before the Board in the near future. Paul Carlson also did a presentation on faith-based services. Mike Elsner reported that the Division was not awarded the homelessness grant.

Nancy Code: Children and Family Commission/Adult Providers Meeting

Nancy was unable to attend the CFC meeting this time. The Adult Providers meeting will be combined with the Youth Providers meeting tomorrow from 9:00am to 12 noon at the Exchange Building, 3rd floor DCHS Board Room.

Linda Brown: King County Mental Health Advisory Board

The Mental Health Board considered issues related to member recruitment efforts due to a big turnover of members. The board also touched on the legislative forum.

Roger Goodman: Legislative Advocacy and Public Affairs Committee

Roger reported that 10 legislators have confirmed their attendance to the Legislative Forum which will be held at 7:30-9:00 tonight at the Kirkland Performing Center. Two petitions on bed/residential rates for CD and MH parity will be circulated at the forum. The forum will feature clients and providers who will tell positive stories about their experiences with both systems. The legislators will be allocated a time to respond to written questions. Roger encouraged the board members to come at 7:00 p.m. to allow them to interact with the legislators prior to the start of the program.

VI. COUNTY COORDINATOR'S REPORT

Jim apologized for his absence at last month's board meeting due to illness.

A. RFP Results

Jim will meet with agencies selected from the RFP process to discuss the contract requirements next month. The RFP process was successful in broadening the geographic distribution of chemical dependency outpatient services and providing more services for youth. More funding was moved to the south end to meet its needs there. One of the new contract requirements will require agencies to address issues related to waiting list management. The Division has developed a Waiting List Interim Service program which will enable an agency to network with other agencies to shorten the waiting list. The agencies will also be required to submit a quarterly report that will help showcase what is being done in King County. The

Division will also closely monitor agencies who are delinquent in their TARGET reporting.

Another positive outcome of the RFP process is that it helped King County to know more about the agencies.

The Division will provide technical assistance to agencies who did not do well in their written proposal to make them competitive the next time around.

B. Management Indicator Report

Copy of this report was emailed to the board members. This report is also available in the department's website.

Jim asked the board to provide feedback if there is any additional items they would like to be included in the report. This will be a 6-month report.

The goal of this management indicator report is to provide an easy to read report and make it accessible to all.

C. Criminal Justice Initiatives

The program is making progress. The Division will discuss with Public Health Department on how to shape the methadone program in the jail.

D. Residential Services

The Division has entered a contract with Pioneer Center North, American Behavioral Health Systems, Inc., Seadrumar, SeaMar, Prosperity House, Northwest Indian Treatment Center, Perinatal Treatment Services, and Seattle Indian Health Board to provide chemical dependency inpatient services.

E. Training

A Methadone training was held in Kent attended by more than 200 people. Kim Murillo and Jim attended the training. A presentation from Kent Police on how to do intervention was well received.

F. Washington State Brief Intervention Referral to Treatment (WASBIRT)

This 5-year project which started in October 2003 will receive \$16M to put pre-addicted people to treatment. About 15% of the funding will go towards outpatient treatment. The program will include a brief intervention. In addition to King County, other participating counties include Snohomish, Spokane, Pierce, and Clark.

The Division would like to contract this program with Harborview Medical Center but currently it does not have a contract with HMC due to boilerplate being negotiated

between King County and HMC. The two entities are still discussing the details of this program.

VII. OTHER CONCERNS

Al Sweeten informed the board that his agency is planning to have 20 additional adult residential beds due to closure of their adolescent program. He solicited support from the board to encourage DASA to give them additional bed capacity. Jim Vollendroff said that the county has opened 19 beds. He recommended supporting Al Sweeten's request for additional bed capacity for his agency.

Roger Goodman made a motion, which was seconded by Joan Clement, to transmit a letter of support to DASA for additional bed capacity for Thunderbird Program. The motion was unanimously approved.

There being no further business, the meeting was adjourned at 1:35 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Linda Brown
Board Chair